



The Honorable Maryellen O'Shaughnessy
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— FOR IMMEDIATE RELEASE —

“Coping with Court”: New Reading List Helps Combat Court-Related Stress

Columbus, Ohio (Sept. 12, 2017) — Franklin County Clerk of Courts Maryellen O'Shaughnessy today announced the release of “Coping with Court: Suggested Reading for Plaintiffs, Defendants, and Families,” a reading list designed to offer support for those struggling through personal issues due to court-related stress.

“It’s important not to lose sight of the mental and emotional impacts associated with criminal prosecution, domestic proceedings, and other stressful legal matters, not only for those appearing in court but for their families as well,” said Clerk O'Shaughnessy. “That’s why we’re so excited to provide this valuable new resource for those in need.”

The reading list features 13 titles across four categories, each focused on personal aspects of the court process such as maintaining healthy co-parenting relationships during a divorce, preparing for life after a criminal conviction or incarceration, and adopting positive financial and mental health habits. Books can be checked out online or onsite from the Columbus Metropolitan Library.

“Coping with Court” is now available as a handout in each of the Clerk’s five legal divisions, near courtroom waiting areas, and online at clerk.franklincountyohio.gov/docs/legalResources/copingWithCourt.pdf.

**Please note: The reading list and the titles listed therein are not intended as legal advice. The Franklin County Clerk of Courts’ office is prohibited by law from providing legal advice of any kind.*

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